

2022 Washington State Cross Country Coaches Poll # 3
Week of Sept. 25

Rank	Boys 4A	Rank	Girls 4A
1	Eastlake	1	Tahoma
2	West Valley-Yakima	2	Mt. Si
3	Issaquah	3	Eastlake
4	Lewis & Clark	4	Issaquah
5	Tahoma	5	Skyline
6	Camas	6	Union
7	Kamiakin	7	Eisenhower
8	Camas	8	Wenatchee
9	Redmond	9	Camas
10	Olympia	10	West Valley-Yakima
Others	Curtis, Glacier Peak & Hanford	Others	Bellarmine Prep, Skyview & Redmond
Rank	Boys 3A	Rank	Girls 3A
1	Seattle Prep	1	Central Kitsap
2	Gig Harbor	2	Gig Harbor
3	Mt. Spokane	3	Holy Names Academy
4	Mead	4	Roosevelt
5	Bishop Blanchet	5	Stadium
6	Arlington	6	Bishop Blanchet
7	Lakes	7	Mead
8	Mercer Island	8	Mt.Spokane
9	Central Kitsap	9	Peninsula
10	Hermiston (OR)	10	Hermiston (OR)
Others	Cheney, Shorewood, Walla Walla & Liberty-Issaquah	Others	Ballard, Mercer Island, Ridgeline & Bainbridge
Rank	Boys 2A	Rank	Girls 2A
1	Squalicum	1	Anacortes
2	Bellingham	2	Sehome
3	Sehome	3	Bellingham
4	Selah	4	Columbia River
5	Tumwater	5	Ft. Vancouver
6	Anacortes	6	Ellensburg
7	Columbia River	7	Ridgefield
8	Cedarcrest	8	West Valley-Spokane
9	Ellensburg	9	White River
10	Pullman	10	Ephrata
Others	Lynden, Port Angeles, Lakewood & Steilacoom	Others	Washougal, Hockinson, Tumwater
Rank	Boys 1A	Rank	Girls 1A
1	Lakeside-Nine Mile Falls	1	Lakeside-Nine Mile Falls
2	Bush	2	Naches Valley
3	Seton Catholic	3	Medical Lake
4	Cedar Park Christian	4	Bush
5	Northwest	5	Overlake
6	Meridian	6	East Jefferson-Port Townsend
7	Cashmere	7	Seattle Academy
8	La Center	8	Bear Creek
9	Medical Lake	9	Cascade-Leavenworth
10	King's	10	Seton Catholic
Others	Overlake, College Place & Cascade-Leavenworth	Others	Cedar park Christian, Kings & Freeman
Rank	Boys 1B/2B	Rank	Girls 1B/2B
1	Chewelah	1	Pope John Paul II
2	Pope John Paul II	2	St. George's
3	St. George's	3	Garfield-Palouse
4	Valley Christian	4	Liberty Bell
5	Okanogon	5	Rainier
6	Davenport	6	Northwest Christian (Colbert)
7	Brewster	7	Mt. Vernon Christian
8	Onalaska	8	Summit Classical Christian-Bellevue
9	Garfield-Palouse	9	Covenant
10	Kettle Falls	10	Couville
Others	Liberty Bell, Covenant & Cedar Tree Classical Christian	Others	Colfax & Forks

For further information contact Phil English at the following location:
Email: englishp@wolfenet.com