

Eisenhower Girls' XC State Records (1974-2019)
3 Miles to 5k (1988-2018) @ Sun Willows Golf Course, Pasco
3 Miles (1988-1996) & 5K (1997-present)

Rank	Name	Year	3 mi Time	3 mi to 5k Time	Distance	Grade	Place	Site
1	Robin Bryson	1990	17:06	17:48	3 miles	12	2	Pasco
2	Robin Bryson	1988	17:03	17:54	3 miles	10	1	Pasco
3	Erica Simison	2017		18:03	5K	12	5	Pasco
4	Aleah Thome	1994	17:40	18:22	3 miles	11	1	Pasco
5	Melanie Kosin	1988	17:40	18:22	3 miles	12	5	Pasco
6	Mayra Chavez	2011		18:25	5K	12	6	Pasco
7	Elise Tello	2013		18:27	5K	12	10	Pasco
8	Stephanie Heaton	1995	17:51	18:31	3 miles	10	4	Pasco
9	Erica Simison	2016		18:32	5K	11	10	Pasco
10	Mayra Chavez	2010		18:34	5K	11	11	Pasco
11	Elise Tello	2012		18:36	5K	11	11	Pasco
12	Erica Simison	2015		18:37	5K	10	17	Pasco
13	Stephanie Heaton	1994	18:02	18:41	3 miles	9	3	Pasco
14	Chelsea VanDeBrake	2005		18:42	5K	12	6	Pasco
15	Robin Bryson	1989	18:00	18:42	3 miles	11	3	Pasco
16	Elise Tello	2011		18:45	5K	10	12	Pasco
17	Berenice Penalozza	2010		18:46	5K	12	15	Pasco
18	Tara Hangge	1995	18:07	18:47	3 miles	12	9	Pasco
19	Stephanie Heaton	1996	18:09	18:49	3 miles	11	11	Pasco
20	Berenice Penalozza	2009		18:56	5K	11	12	Pasco
21	Aleah Thome	1995	18:16	18:56	3 miles	12	12	Pasco
22	Mayra Chavez	2009		18:57	5K	10	13	Pasco
23	Debi Panell	1990	18:17	18:58	3 miles	10	26	Pasco
24	Erica Simison	2014		19:00	5K	9	27	Pasco
25	Angela Talarico	1999		19:04	5K	11	9	Pasco
26	Katie Hummel	2001		19:05	5K	11	8	Pasco
27	Katie Hummel	1999		19:05	5K	9	10	Pasco
28	Aleah Thome	1992	18:25	19:05	3 miles	9	6	Pasco
29	Aleah Thome	1993	18:26	19:06	3 miles	10	15	Pasco
30	Stephanie Heaton	1997		19:08	5K	12	16	Pasco
31	Alison Barany	1998		19:09	5K	10	15	Pasco
32	Elise Tello	2010		19:11	5K	9	31	Pasco
33	Katie Hummel	2002		19:11	5K	12	12	Pasco
34	Molly Carmody	2001		19:13	5K	11	9	Pasco
35	Liza English	1994	18:33	19:13	3 miles	10	19	Pasco
36	Molly Peterson	1988	18:34	19:14	3 miles	12	28	Pasco
37	Laura Blount	1999		19:17	5K	12	16	Pasco
38	Tanya Bryson	1990	18:39	19:19	3 miles	11	36	Pasco
39	Ciera Reyes	2019		19:20	5k	10	48	Pasco
40	Karina Slocum	1990	18:40	19:20	3 miles	11	38	Pasco
41	Alison Barany	1999		19:22	5K	11	21	Pasco
42	Erica Scheuffele	1995	18:43	19:23	3 miles	11	29	Pasco

43 Tara Hangge	1994	18:44	19:24	3 miles	11	28	Pasco
44 Dantzel Petersen	2016		19:25	5K	10	32	Pasco
45 Megan Murphy	1990	18:45	19:25	3 miles	10	40	Pasco
46 Elana Darnell	2004		19:26	5K	12	29	Pasco
47 Tanya Bryson	1991	18:48	19:28	3 miles	12	38	Pasco
48 Alyssa Pena	2013		19:29	5K	12	57	Pasco
49 Kirsten Kaplan	2008		19:29	5K	11	28	Pasco
50 Erica Scheuffele	1996	18:49	19:29	3 miles	12	30	Pasco
51 Kirstin Larson	1990	18:49	19:29	3 miles	10	44	Pasco
52 Mikell Gibbons	2002		19:30	5K	11	20	Pasco
53 Dantzel Petersen	2017		19:31	5K	11	63	Pasco
54 Karina Slocum	1991	18:51	19:31	3 miles	12	40	Pasco
55 Julie Baird	2001		19:32	5K	11	19	Pasco
56 Traci Deason	1997		19:32	5K	11	25	Pasco
57 Cristina Pineda	2004		19:33	5K	12	35	Pasco
58 Alison Barany	1997		19:33	5K	9	27	Pasco
59 Traci Deason	1996	18:54	19:34	3 miles	10	37	Pasco
60 Melissa Thompson	1988	18:54	19:34	3 miles	10	43	Pasco
61 Caroline McCarthy	2015		19:35	5K	11	45	Pasco
62 Caroline McCarthy	2014		19:35	5K	10	55	Pasco
63 Savannah de la Combe	2013		19:35	5K	11	60	Pasco
64 Tori Klein	2012		19:35	5K	12	52	Pasco
65 Samantha Dahlstrom	2003		19:35	5K	10	28	Pasco
66 Liza English	1995	18:55	19:35	3 miles	11	41	Pasco
67 Katherine Bravo	2010		19:36	5K	12	48	Pasco
68 Megan Glenski	2012		19:38	5K	9	55	Pasco
69 Alyssa Pena	2011		19:39	5K	10	57	Pasco
70 Molly Stephenson	2017		19:40	5K	12	76	Pasco
71 Caroline McCarthy	2016		19:40	5K	12	45	Pasco
72 Savannah de la Combe	2014		19:42	5K	12	59	Pasco
73 Megan Glenski	2013		19:42	5K	10	70	Pasco
74 Ingrid Chapman	1996	19:02	19:42	3 miles	11	45	Pasco
75 Tanya Bryson	1988	19:02	19:42	3 miles	9	47	Pasco
76 Mikell Gibbons	2001		19:45	5K	10	27	Pasco
77 Alyssa Chavez	2019		19:46	5k	10	76	Pasco
78 Samantha Dahlstrom	2004		19:46	5K	11	50	Pasco
79 Hannah Hilton	2019		19:48	5k	10	79	Pasco
80 Heidi Gibbons	1998		19:48	5K	12	38	Pasco
81 Haley Heater	1998		19:48	5K	10	39	Pasco
82 Angela Talarico	2000		19:51	5K	12	12	Pasco
83 Megan Glenski	2014		19:52	5K	11	68	Pasco
84 Melissa Thompson	1990	19:12	19:52	3 miles	12	63	Pasco
85 Whitney Stohr	2003		19:53	5K	12	44	Pasco
86 Whitney Stohr	2002		19:53	5K	11	41	Pasco
87 Alyssa Pena	2012		19:54	5K	11	74	Pasco
88 Erika Larson	1995	19:14	19:54	3 miles	9	60	Pasco
89 Hilarie Glenn	2005		19:56	5K	12	45	Pasco

90	Hilarie Glenn	2004		19:56	5K	11	57	Pasco
91	Erica Scheuffele	1994	19:16	19:56	3 miles	10	53	Pasco
92	Tori Klein	2011		19:57	5K	11	75	Pasco
93	Sophia Abb	2017		19:58	5K	11	102	Pasco
94	Helen Camden	2005		19:58	5K	12	48	Pasco
95	Ingrid Chapman	1997		20:01	5K	12	52	Pasco
96	Katherine Bravo	2009		20:02	5K	11	76	Pasco
97	Harmony Chapman	1994	19:22	20:02	3 miles	12	57	Pasco
98	Megan Murphy	1991	19:22	20:02	3 miles	11	63	Pasco
99	Mikell Gibbons	2003		20:03	5K	12	51	Pasco
100	Molly Carmody	2002		20:04	5K	12	51	Pasco
101	Caroline McCarthy	2013		20:05	5K	9	97	Pasco
102	Molly Carmody	1999		20:05	5K	9	62	Pasco
103	Alison Barany	2000		20:07	5K	12	23	Pasco
104	Debi Panell	1989	19:27	20:07	3 miles	9	34	Pasco
105	Madi Oliva	2017		20:10	5K	11	113	Pasco
106	Mikell Gibbons	2000		20:11	5K	9	28	Pasco
107	Michelle Thielke	1988	19:31	20:11	3 miles	11	69	Pasco
108	Kirsten Sheffield	2009		20:12	5K	12	87	Pasco
109	Tanya Bryson	1989	19:32	20:12	3 miles	10	37	Pasco
110	Molly Stephenson	2014		20:13	5K	9	88	Pasco
111	Madi Oliva	2018		20:14	5K	12	83	Pasco
112	Ciera Reyes	2018		20:15	5K	9	85	Pasco
113	Keana Fine	2011		20:16	5K	9	96	Pasco
114	Liza English	1996	19:36	20:16	3 miles	12	82	Pasco
115	Laura Blount	1998		20:17	5K	11	73	Pasco
116	Alyssa Pena	2010		20:18	5K	9	96	Pasco
117	Edith Zaragoza	2011		20:19	5K	12	99	Pasco
118	Molly Carmody	2000		20:19	5K	10	33	Pasco
119	Molly Stephenson	2015		20:20	5K	10	88	Pasco
120	Samantha Dahlstrom	2005		20:20	5K	12	67	Pasco
121	Harmony Chapman	1992	19:41	20:21	3 miles	10	52	Pasco
122	Samantha Gil	2011		20:22	5K	10	103	Pasco
123	Caseie Williams	1988	19:42	20:22	3 miles	12	80	Pasco
124	Keana Fine	2012		20:23	5K	10	100	Pasco
125	Erika Larson	1996	19:43	20:23	3 miles	10	91	Pasco
126	Kirsten Kaplan	2009		20:24	5K	12	99	Pasco
127	Erika Larson	1997		20:25	5K	11	79	Pasco
128	Alyssa Visaya	2013		20:26	5K	10	103	Pasco
129	Traci Deason	1998		20:26	5K	12	82	Pasco
130	Angela Talarico	1998		20:28	5K	10	84	Pasco
131	Heidi Gibbons	1997		20:28	5K	11	84	Pasco
132	Melissa Thompson	1989	19:48	20:28	3 miles	11	51	Pasco
133	Minelly Sereno	2019		20:29	5k	12	115	Pasco
134	Megan Maguire	1996	19:50	20:30	3 miles	11	99	Pasco
135	Katie Hummel	2000		20:31	5K	10	41	Pasco
136	Julie Baird	1999		20:32	5K	9	83	Pasco

137 Heather Sweowat	2014		20:33	5K	12	103	Pasco
138 Viviana Larios	2013		20:33	5K	12	119	Pasco
139 Cristina Pineda	2003		20:40	5K	11	90	Pasco
140 Megan Murphy	1992	20:01	20:41	3 miles	12	73	Pasco
141 Erika Larson	1998		20:42	5K	12	94	Pasco
142 Megan Murphy	1989	20:05	20:45	3 miles	9	62	Pasco
143 Haley Heater	1999		20:46	5K	11	92	Pasco
144 Leah Boyd	1994	20:07	20:47	3 miles	12	105	Pasco
145 Michelle Thielke	1989	20:08	20:48	3 miles	12	65	Pasco
146 Sydney Raymond	2009		20:51	5K	10	122	Pasco
147 Samantha Ashlock	1995	20:12	20:52	3 miles	12	106	Pasco
148 Stacey Burns	1992	20:12	20:52	3 miles	12	91	Pasco
149 Amy Welsch	1991	20:12	20:52	3 miles	9	104	Pasco
150 Julie Baird	2000		20:54	5K	10	61	Pasco
151 Paris Miramontes	2019		20:55	5k	10	128	Pasco
152 Kayla Rivera	2014		20:55	5K	11	115	Pasco
153 Tori Klein	2010		20:56	5K	10	119	Pasco
154 Ann McCarthy	2007		20:58	5K	12	88	Pasco
155 Ann McCarthy	2005		20:58	5K	10	107	Pasco
156 Megan Maguire	1997		21:00	5K	12	112	Pasco
157 Megan Glenski	2015		21:04	5K	12	121	Pasco
158 Cristina Pineda	2002		21:04	5K	10	104	Pasco
159 Natalie Stephenson	2016		21:05	5K	9	136	Pasco
160 Haven Nutting	2019		21:07	5k	12	134	Pasco
161 Mercedes Chavez	2012		21:07	5K	10	122	Pasco
162 Debi Panell	1991	20:30	21:10	3 miles	11	114	Pasco
163 Hannah Hilton	2018		21:13	5K	9	134	Pasco
164 Lindsay Thomas	2010		21:14	5K	12	127	Pasco
165 Kara Mickelson	2018		21:16	5K	9	139	Pasco
166 Shanik Taylor	2005		21:16	5K	12	123	Pasco
167 Isabel Gutierrez	2018		21:17	5K	12	140	Pasco
168 Alyssa Chavez	2018		21:17	5K	9	141	Pasco
169 Kara Mickelson	2019		21:21	5k	10	142	Pasco
170 Kirstina Skarin	1989		21:21	3 miles	10	112	Pasco
171 Nayeli Barron	2017		21:24	5K	10	150	Pasco
172 Nataly Godinez	2015		21:25	5K	10	127	Pasco
173 Laura Labbee	2001		21:25	5K	12	105	Pasco
174 Christine Whiteside	2001		21:25	5K	9	106	Pasco
175 Minelly Sereno	2017		21:26	5K	10	151	Pasco
176 Alyssa Visaya	2012		21:27	5K	9	129	Pasco
177 Ann McCarthy	2004		21:27	5K	9	128	Pasco
178 Cathy Lovell	1992	20:48	21:28	3 miles	10	119	Pasco
179 Jessican Montoya	2005		21:29	5K	9	128	Pasco
180 Shanik Taylor	2004		21:29	5K	11	129	Pasco
181 Heather White	1991	20:49	21:29	3 miles	9	124	Pasco
182 Stacey Burns	1991	20:58	21:38	3 miles	11	129	Pasco
183 Paris Miramontes	2018		21:39	5K	9	152	Pasco

184 Kayla Rivera	2015		21:42	5K	12	135	Pasco
185 Minelly Sereno	2016		21:44	5K	9	151	Pasco
186 Lindsay Thomas	2009		21:47	5K	11	144	Pasco
187 Vidi Badillo	2002		21:50	5K	12	136	Pasco
188 Megan Kurtz	2000		22:00	5K	12	108	Pasco
189 Maegan Caplungan	2004		22:08	5K	12	145	Pasco
190 Veronica Torres	2015		22:25	5K	9	141	Pasco
191 Elana Darnell	2003		22:35	5K	11	141	Pasco
192 Nayeli Barron	2016		22:41	5K	9	158	Pasco
193 Amy Welsch	1992	22:12	22:52	3 miles	10	137	Pasco
194 Vidi Badillo	2001		23:09	5K	11	140	Pasco
195 Isabel Buenrostro	2016		23:12	5K	12	160	Pasco
196 Hilary Freund	2003		23:22	5K	9	145	Pasco
197 Mackenzie Rehfield	2003		26;10	5K	10	148	Pasco

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