

EISENHOWER HIGH SCHOOL

2000

26h Annual Don Holder Invitational Track & Field Meet

(Don Holder Memorial Dedication)

MEET RESULTS

**April 1st, 2000
Zaepfel Stadium, Yakima, WA**

combined total

	Boys Total	Girls Total	Team Total
Eisenhower	90	137	227
Newport	79	74	153
WestValley	56	55	111
Woodenville	47	27	74
Riverside	35	24	59
Cedarcrest	17	41	58
Ellensburg	24	28	52
Selah	30	14	44
Sunnyside	39	2	41
Shelton	34	0	34
Interlake	11	18	29
Kittitas	2	23	25
So.Whidbey	4	20	24
NathanHale	4	16	20
Westside C	4	15	19
Roosevelt	11	0	11
FortVancouver	10	0	10
Highland	0	2	2
Kittitas	2	0	2
			0
			0

Girls Team Scores

Scoring: 10 - 8 - 6 - 4 - 2 - 1

DON HOLDER RELAYS APRIL 1, 2000

GIRLS VARSITY TEAM SCORES

	r	r			r	r					r			r		r	
	Dis	L.J.	PV	Jav	4x2	Shot	T.J.	H.J.	100m	16	4x1	300h	400	D.M.	32	4x4	Tot
Eisenhower		6	11	16	10	6	1	4	10	8	10	11	14	10	10	10	137
Newport		8			4		10	10		13	1	4		8	14	2	74
WestValley	10	10		2	8		4		7		8	6					55
Cedarcrest	6	4			6	1			8				8			8	41
Ellensburg				9		10	6	1			2						28
Woodinville	4					4		8		4				4	2	1	27
Riverside										6			6	8		4	24
Kittitas			2		1				2		4	8				6	23
So.Whidbey					2		10				6			1	1		20
Interlake			18														18
NathanHale	2			4				6							4		16
Westside C		2				8			4				1				15
Selah	8					2		2				2					14
Highland													2				2
Sunnyside	1	1															2
FortVancouver																	0
Roosevelt																	0
Shelton																	0
ThorpKittitas																	0
																	0
																	0

1
2
3
4
5
6
7
8

Done

2000 Don Holder Invitational April 1		
GIRLS VARSITY 4 X 200		VARSITY 4 X 200
Name	School	Time/Distance
HEATER FREEMAN CARMODY HEATER	IKE	01:48.50
BODINE	WEST VALLEY	01:50.40
CEDARCREST	CEDARCREST	01:51.70
NEWPORT #1	NEWPORT	01:52.00
SOUTH WHIDBEY	S.WHIDBEY	01:52.30
HANSBERRY GIBB HART GIBB	KITTITAS	01:52.40
ERIN INEKE JEN LISA	WESTSIDE CHRISTIAN	01:55.80
WATSON KNOX GAZ GRIMNESS	WOODINVILLE	01:56.10
RICE STARTUP SCHAEER PAULUS	SUNNYSIDE	01:56.70
SEAL IVERSON KNOWLES PERREZ	SELAH	02:00.00
RIVERSIDE	RIVERSIDE	02:06.20
NEWPORT #2	NEWPORT	02:10.90

Done

2000 Don Holder Invitational April 1		
Girls Frosh 800m		
Name	School	Time/Distance
KATIE HUMMEL	IKE	02:30.50
MORGAN HANSEN	NEWPORT	02:40.70
HOLLY TREPANIER	SELAH	02:44.00
HANNAN IRISH	NEWPORT	02:47.60
JANELLE SOUSLEY	WEST VALLEY	02:48.80
BREANNE HABERMAN	ELLENSBURG	02:49.00
GWEN NEVUE	SELAH	02:50.30
MEGAN SWANN	ROOSEVELT	02:51.30
LINDSEY GJORDING	NEWPORT	02:56.00
ALISSA MOORE	ROOSEVELT	02:57.60
KATIE BISTRITZ	NEWPORT	02:58.30
JODI TAYLOR	S.WHIDBEY	03:14.70

DONE

2000 Don Holder Invitational April 1		
Girls Varsity Discus Relay		
Name	School	Time/Distance
MURILLO YERGEN GIRARD	WEST VALLEY	314.10
HESELGESSER WALLBAUER		
WILKERSON	SELAH	273.11
SAGE TROCANO PETERSON	CEDARCREST	273.03
CART CHANG JENSEN	WOODINVILLE	270.03
HOBBS TRENGASCHEIN KELLOEG	NATHAN HALE	241.08
ASHLEY URRUTIA NAGY	SUNNYSIDE	241.02
WEAVER LABBERTON ZELLER	IKE	239.05
ULMER KYK BARNES	ELLENSBURG	237.01
NELSON LINDLEY JONE	NEWPORT	211.10
JONES BANTZ FULTON	RIVERSIDE	196.11
WOODINVILLE B	WOODINVILLE B	138.03
BINFORD ACKLEY	S.WHIDBEY	109.10
FLORES	HIGHLAND	57.05
MCPHERSON	KITTITAS	54.00

DONE

v4x400DISMED

DISTANCE MEDLEY

2000 Don Holder Invitational April 1

GIRLS VARSITY		DISTANCE MEDLEY	
Name	School	Time/Distance	
IKE		13:22.9	
RIVERSIDE		13:49.0	
NEWPORT #1		13:53.9	
WOODINVILLE		14:50.4	
NEWPORT #2		14:57.0	
SOUTH WHIDBEY		15:03.6	
NATHAN HALE		15:57.4	
ROOSEVELT		16:08.5	
SUNNYSIDE		16:16.2	

Done

2000 Don Holder Invitational April 1			
Girls Varsity 2000 Steeplechase			
Name	School	Time/Distance (mm:ss.00)	
JODEE ANDAMS-MOORE	NEWPORT	08:07.50	
ERICA PITMAN	WOODINVILLE	08:47.00	
TERRY HALL	ELLENSBURG	08:50.00	
CATHY HALL	ELLENSBURG	08:52.00	
SARA BERGMAN	ELLENSBURG	08:55.30	
AUTIE ELLSWORTH	WOODINVILLE	08:59.00	
KELLY RAMIREZ	CEDARCREST	09:09.40	

2000 Don Holder Invitational April 1

GIRLS FROSH DISCUS

MELISSA GAINS	WEST VALLEY	95'10"
KATIE ROMFO	IKE	82'08"
* ELLIE HORN	S.WHIDBEY	76'05"
NICOLE ZAHLER	IKE	75'09"
AMANDA FAIRE	ELLENSBURG	69'08"
SAMMY FISHER	IKE	68'03"
SYBRESHA BRANCH	IKE	67'10"
ERIN PERROTTI	WEST VALLEY	65'00"
DANIELLE FILICETTE	SUNNYSIDE	62'09"
CAITLIN ROBINSON	S.WHIDBEY	57'03"
KRISTEN UHLDE	SUNNYSIDE	53'02"
BETH OURSLAND	KITTITAS	53'02"
BARBARA BRUNE	KITTITAS	53'02"
ALEX RUNNELS	ROOSEVELT	49'04"

DONE

2000 Don Holder Invitational April 1			
Girls Varsity 400m			
Name	School	Time/Distance	HEAT
HALEY HEATER	IKE	61	1
ERIN KENDIG	CEDARCREST	62.5	1
KATIE PRICHARD	RIVERSIDE	63.2	1
CARLY RICHARDSON	IKE	63.3	1
MELLISSA GILLESPIE	HIGHLAND	64.6	3
LISA WOLVERTON	WESTSIDE CHRISTIAN	65	2
RACHEL GOLDSTEIN	ROOSEVELT	65.5	2
CAMILLE GIBB	KITTITAS	66	3
SARAH RICHARDS	NEWPORT	66.1	1
AMANDA STARTUP	SUNNYSIDE	66.5	2
CARISSA CALDERONE	NEWPORT	66.8	2
JESSICA GIBB	KITTITAS	67.6	1
CHRISTINA SHAWCROFT	ROOSEVELT	67.6	2
JENNIFER VEIGA	SUNNYSIDE	68.3	2
SOULTA HALEY-KURER	WOODINVILLE	68.4	3
CAITHLIN MACLAURIN	ROOSEVELT	68.7	3
LIZZ WATSON	WOODINVILLE	71	3
THYRA SMITH	NATHAN HALE	77.8	3
CAROLINE MARSHALL	NATHAN HALE	01:19.7	3

DONE

2000 Don Holder Invitational April 1		
Girls Varsity Javelin		
Name	School	Time/Distance
SAMIE FREEMAN	IKE	136.09
STEPHANIE ULMER	ELLENSBURG	136.06
JAIME TRUHLER	IKE	120.05
COLLEEN DAVIS	NATHAN HALE	118.10
DACHELLE DAVIS	WEST VALLEY	116.04
LAURA DYK	ELLENSBURG	106.02
DACIA MURILL	WEST VALLEY	100.00
JAMIE COURT	WOODINVILLE A	94.09
KELLY STOVIN	NATHAN HALE	92.00
LISA ACOMB	WOODINVILLE B	87.09
LINDSAY PETERSON	CEDARCREST	84.05
ERIN ROGERS	IKE	79.09
TARA HESSELGESSER	SUNNYSIDE	78.07
ABBY KWIAT	CEDARCREST	77.01
SARAH FRAZIER	WOODINVILLE A	76.09
ELVIRA FLORES	HIGHLAND	76.03
BARBARA BRUNE	KITTITAS	73.08
MARIA ARINA	SUNNYSIDE	70.01
KAYLA MILLER	SUNNYSIDE	69.04
KELSY ROBINSON	S.WHIDBEY	69.01
JANINE LINDLEY	NATHAN HALE	66.09
COLLEEN BANTZ	RIVERSIDE	63.03
ERICA BURCH	CEDARCREST	61.00
LINDSEY THOMASON	WOODINVILLE B	60.08
ROBIN DIXON	NATHAN HALE	59.07
SOPHIA AMARO	SUNNYSIDE	57.04
JENNIFER FULTON	RIVERSIDE	57.00
TANIA HAMBLIN	WOODINVILLE B	53.01
KIRSTEN SMETHURST	S.WHIDBEY	53.01

LONE

2000 Don Holder Invitational April 1			
Girls Varsity Shot Relay			
Name	School	Time/Distance	HEAT
	ELLENSBURG	98.10.25	1
	WEST VALLEY	94.02.00	6
	IKE	91.09.5	3
WOODINVILLE	WOODINVILLE	89.08.75	1
SELAH	SELAH	89.06.5	1
	CEDARCREST	85.10.5	4
	NEWPORT A	79.11.25	5
	RIVERSIDE	79.00.75	4
	SUNNYSIDE	76.01.5	3
	WOODINVILLE	72.08.5	3
	SO.WHIDBEY	69.11.00	6
	NEWPORT B	69.09.25	5
	KITTITAS	62.09.5	2
	NATHAN HALE	54.10.5	2
	ROOSEVELT	29.00.00	2
	HIGHLAND	24.03.00	4

Name	School	Time/Distance	0.0000
WEST VALLEY		43'.75"	
NEWPORT		42'10.5"	
IKE		42'04.25"	
CEDARCREST		41'01.5"	
WESTSIDE		37'08.5"	
SUNNYSIDE		37'03.75"	
ELLENSBURG		28'08.75"	
WOODINVILLE		26'10.5"	
KITTITAS		24'07.25"	
RIVERSIDE		20'11"	
ROOSEVELT		14'07"	
S WHIDBEY		11'10.5"	
2000 Don Holder Invitational April 1			
Girls Varsity Long Jump Relay			

Done

2000 Don Holder Invitational April 1			
Girls Frosh 400m			
Name	School	Time/Distance	HEAT
ASHLEY CONLIN	NEWPORT	64	1
ABBY SHEPHERD	RIVERSIDE	64.9	3
STEPHANIE BOWERS	WEST VALLEY	65.4	1
KATIE WEBER	IKE	67.3	1
LINDSEY JOHNSTON	SELAH	68	2
JESSICA GABRI	S. WHIDBEY	68.6	1
MICHELLE SCHORR	S. WHIDBEY	69.6	1
KELLY STOVIN	NEWPORT	69.7	1
SARA EISNER	NEWPORT	71.4	1
RAQUEL MASTARGELO	NEWPORT	80.5	2
AMANDA FAIRE	ELLENSBURG	01:11.1	3
KATIE KILIAN	SUNNYSIDE	01:12.9	3
JENNIFER CONNER	NATHAN HALE	01:16.0	3
GLARIANN GLENN	NATHAN HALE	01:16.6	3
LAUREN GIANNI	NEWPORT	01:17.0	2
CARLEY O'NEIL	NEWPORT	01:18.1	2
ALICIA BARNEY	NEWPORT	01:18.7	2
jessica wallace	RIVERSIDE	01:22.2	3
SHANNON MARQUARDSON	NEWPORT	01:26.8	2

DONE

v lj,tj

DR MIKE MURPHY
DIANE
MEGAN

2000 Don Holder Invitational April 1

Girls Varsity Triple Jump

Name	School	Time/Distance
ANDREA MCGILLEN	S.WHIDBEY	34'05.25"
CLARICE HAYWARDLY	NEWPORT	34'02"
CATHY HALL	ELLENSBURG	32'04.25"
LINDSEY HINCKLEY	WEST VALLEY	32'02.5"
KASI JONES	NEWPORT	32'01.5"
LAQUE BRANCH	IKE	31'08"
TIFFANY ERDMAN	ELLENSBURG	31'07.5"
KATIE WILLIAMS	WEST VALLEY	31'07"
KALYN YEAGER	SELAH	31'06.25"
JESSICA GIBB	KITTITAS	30'11.75"
LINDSAY HART	KITTITAS	30'09.5"
MAITE MARSHALL	CEDARCREST	29'07.25"
ASHLEY ABERLE	IKE	29'04"
TRUDY BAIDOLL	NEWPORT	29'02"
HOLLY HICKS	WESTSIDE	28'11.5"
JESSICA WARNER	WOODINVILLE	28'09.5"
CANDICE SHEPHERD	CEDARCREST	28'04"
TARA SIMMONS	WOODINVILLE	28'02.75"
ERIN ROGERS	IKE	27'09.25"
CHRISTINA SWEENEY	RIVERSIDE	27'07.75"
INEKA OJANEN	WESTSIDE	27'05.25"
MORGAN JACKSON	CEDARCREST	27'03.25"
JENNIFER VEIGA	SUNNYSIDE	26'08.5"
CANDICE SANDERSON	KITTITAS	26'05"
KRISTI VLIENER	SUNNYSIDE	26'02.5"
ABBY BERGER	WOODINVILLE	25'02.5"

✓

DONE



2000 Don Holder Invitational April 1			
Girls Varsity Pole Vault			
Name		School	Time/Distance
KIERSTIN SCHUANEVOOT		INTERLAKE	10'06"
TAYLOR WILKINS		INTERLAKE	9'06"
ASHLEY HEFNER		IKE	8'06"
ANNIE COLVIN		IKE	8'0"
CARLY GOLTIANI		THORP	8'0"
JACKIE WILLIAMS		IKE	7'06"
LINDEN GRIFFITH		WOODINVILLE	7'06"
SHANNON SEIDEL		NATHAN HALE	7'06"
CLAIRE SCHEOD		IKE	7'0"
LINDSAY DRAPER		WOODINVILLE	7'0"
KATIE MAURER		CEDARCREST	7'0"
CARLY SYVERSON		SUNNYSIDE	6'06"
KINDRA JOHNSON		WEST VALLEY	6'06"
ASHLEY SUTTON		WEST VALLEY	6'06"
CAMILLE GIBB		THORP	6'0"
CATHI BUEGER		SUNNYSIDE	6'0"
DIANNA BEAULAUER		IKE	6'0"
KRISTINA SWEENEY		RIVERSIDE	6'0"
ASHLEY SCHILPEROOT		SUNNYSIDE	0

Done

2000 Don Holder Invitational April 1

Girls Varsity High Jump

Name	School	Time/Distance
CLARICE HAYWARDLEE	NEWPORT	5'02"
JENNIE FRYER	WOODINVILLE	5'0"
SHANNON SEIDEL	NATHAN HALE	5'0"
JAIMI TRUHLER	IKE	4'10"
CALYN VEAGER	SELAH	4'10"
TERRY HALL	ELLENSBURG	4'10"
DARCIA MARILLO	WEST VALLEY	4'08"
LAQUE BRANCH	IKE	4'08"
TARA HESSELGESSER	SELAH	4'08"
ASHLEY SHOWER	SUNNYSIDE	4'08"
MARLIE MARSHALL	CEDARCREST	4'08"
MICKELE HIERONYMUS	RIVERSIDE	4'08"
HALLEY CAREY	WEST VALLEY	4'06"
LINDSAY DRAPER	WOODINVILLE	4'06"
ASHLEY GRANT	CEDARCREST	4'06"
AMANDA KARR	WOODINVILLE	4'04"
ASHLEY ABERLE	IKE	4'04"
CARLY SYVERSON	SUNNYSIDE	4'04"
KRYSTRAL BRONSON	WOODINVILLE	4'02"
ADRIENNE WALKER	NEWPORT	3'10"

DONE

2000 Don Holder Invitational April 1			
Girls Varsity 300 H			
Name	School	Time/Distance	HEAT
HEATHER HERON	IKE	45.30	1
JENNY HANSBERRY	KITTITAS	46.40	1
LAURA TOM	WEST VALLEY	48.20	1
TIFFANI WALKER	NEWPORT	48.20	2
MEGAN ERNST	SELAH	48.40	1
CAMILLE MCCARTHY	IKE	49.30	2
SHANNON SEIDEL	NATHAN HALE	50.40	2
RACHELLE RICE	SUNNYSIDE	50.70	1
KERRI WELCH	RIVERSIDE	50.80	1
JESSICA VANDERPLOEG	WEST VALLEY	51.60	2
EMILY BARTO	THORP	52.30	1
HEIDI KUHNS	WOODINVILLE	52.30	2
CAITHLIN JOHNSON	NEWPORT	52.60	2
CANDICE SHEPHERD	CEDARCREST	52.70	2
ABBY KWIAT	CEDARCREST	53.10	3
EMILY BARTLETT	S.WHIDBEY	53.40	3
MEGAN ALLEN	HIGHLAND	53.70	3
MORGAN JACKSON	CEDARCREST	53.80	3
STACY MOORE	KITTITAS	54.90	4
SIRI PEARSON	RIVERSIDE	59.20	4
ANNA PHILLIPS	NATHAN HALE	61.40	4
JENNIFER HOGATE	SUNNYSIDE	DQ	4

Done



2000 Don Holder Invitational April 1			
Girls Varsity 4 x 100 R			
Name	School	Time/Distance	HEAT
	IKE	51.20	1
	WEST VALLEY	51.80	1
	S.WHIDBEY	51.90	2
	KITTITAS	52.00	1
	ELLENSBURG	53.00	2
	NEWPORT	53.40	1
	CEDARCREST	53.60	1
	SUNNYSIDE	53.90	1
WATSON KNOS KUNZ GIMMNESS	WOODINVILLE	54.00	1
	ROOSEVELT	55.80	2
	RIVERSIDE	55.90	2
	NATHAN HALE	58.20	2
	WOODINVILLE	58.90	2
	SELAH	61.30	2

Done

2000 Don Holder Invitational April 1			
Girls Frosh High Jump			
Name		School	Time/Distance
CAITHLIN ROBINSON	(2)	S.WHIDBEY	4'10"
KELLIE HORN	(1)	S.WHIDBEY	4'10"
LINDSEY JOHNSON		SELAH	4'08"
JULIANA WILLIAMS		NEWPORT	4'02"
MEGAN STROBLE		WOODINVILLE	4'02"
KARLEY FELTON		IKE	4'02"
TARYN BUEHLER		IKE	4'02"
SHANNON MARQUARDSON		NEWPORT	4'0"
JENNIE HOLFELD		CEDARCREST	3'10"

DONE

2000 Don Holder Invitational April 1			
Girls Varsity 100m			
Name	School	Time/Distance	Heat
Heather Heron	IKE	12.70	1
Jamie Brooks	Cedarcrest	12.90	1
Caludia Purerte	West Valley	12.90	2
Erin Treece	Westside Christain	13.00	1
Carly Goltaini	Kittitas	13.10	1
Laura Badine	West Valley	13.10	1
Dail Bates	S.Whidbey	13.10	2
Andrea mcGillen	S.Whidbey	13.10	2
Kendra Paulus	Sunnyside	13.20	1
Jessica Gimness	Woodinville	13.30	2
Desiree Lafayette	Riverside	13.30	5
Rochelle Seal	Selah	13.40	2
Melissa Gillespie	Highland	13.40	3
Lindsey Binford	S.Whidbey	13.50	2
Holly Dion	Newport	13.50	3
Nicole Cresse	Ellensburg	13.60	1
Zoretta Haley-Brey	Woodinville	13.60	2
Gabrielle Gousie	Roosevelt	13.80	3
Trudy Baidoo	Newport	13.90	3
Shanti Brown	Nathan Hale	13.90	4
Megan Allen	Highland	14.00	4
Karen Knowles	Selah	14.10	3
Michelle Mast	S.Whidbey	14.20	5
Brooke Tangen	Riverside	14.30	3
Ashley Schilperoof	Sunnyside	15.00	5
Jenni Trout	Newport	15.20	4
Abby Berger	Woodinville	15.30	4
Ksenia Borisanna	Newport	15.70	5
April George	Newport	16.70	5
Brainne Hayes	Newport		4

DONE

2000 Don Holder Invitational April 1

Girls Varsity 1600m

Name	School	Time/Distance (mm:ss.00)
JODEE ADAMS MOORE	NEWPORT	05:10.90
ANGELA TALARICO	IKE	05:18.00
KATIE PRICHARD	RIVERSIDE	05:25.40
LAUREL GORDON	WOODINVILLE	05:30.50
CRYSTAL LOMAX	NEWPORT	05:30.90
ANNA REEVE	NEWPORT	05:33.00
STEPHANI THOMPSON	NEWPORT	05:33.90
GRETCHEN HEINZEN	WEST VALLEY	05:41.70
CLARE CORROONE	WOODINVILLE	05:42.30
BECCA SAUERWEIN	WESTSIDE CHRISTIAN	05:48.70
AUTIE ELLSWORTH	WOODINVILLE	05:52.20
LENA RUSSELL	SELAH	05:52.70
KELLY RUMIREZ	CEDARCREST	05:53.10
KAREN SCHWERGER	S.WHIDBEY	05:54.20
KRISTI VLIENER	SUNNYSIDE	05:56.80
EMILY ENG	NEWPORT	05:59.70
PATTY TALLART	RIVERSIDE	06:00.50
YINGXVUN LAW	CEDARCREST	06:02.40
EMILY BARTO	THORP	06:07.30
JULIE CONNELL	WEST VALLEY	06:09.90
MEGAN KURTZ	IKE	06:16.30
RUTH EMERSON	ROOSEVELT	06:20.30
RACHEL IVY	S.WHIDBEY	06:27.20
MARIA RIOS	KITTITAS	06:31.30
VBECKY CURRELL	SELAH	06:36.20
PATRICIA CITTADINI	NEWPORT	06:56.70
SARA HEITSTUMAN	SUNNYSIDE	07:01.20
VITALINA LOPEZ	HIGHLAND	07:08.50
ERICA WARK	NEWPORT	07:10.80

2000 Don Holder Invitational April 1

Girls Frosh 4 x 100 R

Name	School	Time/Distance	0.00
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Done

2000 Don Holder Invitational April 1			
Girls Frosh 1600m			
Name	School	Time/Distance (mm:ss.00)	
Katie Hummel	IKE	05:29.80	
Ashley Conlin	Newport	05:51.70	
Cindy Sundborg	West Valley	06:05.20	
Sarah Bishop	Newport	06:12.20	
Megan Swann	Roosevelt	06:12.80	
Breanne Haberman	Ellensburg	06:17.40	
Amber Green	Selah	06:21.40	
Alissa Moore	Roosevelt	06:39.80	
Adrianna Beals	Sunnyside	00:00.00	
2000 Don Holder Invitational April 1			
Girls Frosh 100m I.H.			
Name	School	Time/Distance	0.00

Done

2000 Don Holder Invitational April 1			
Girls Frosh 100m I.H.			
Name	School	Time/Distance	Heat
Caitlin Robinson	S.Whidbey	17.10	Heat 1
Caithlin Johnson	Newport	18.10	Heat 1
Dianna Beaulaurier	IKE	18.20	Heat 1
Tamera Lyons-Burnham	IKE	20.10	Heat 2
Katie Boyd	Roosevelt	20.20	Heat 2
Viridianna Badillo	IKE	20.30	Heat 2
Lindsey Gjording	Newport	20.70	Heat 1
Monica Nelson	Roosevelt	21.70	Heat 2
Lillian Eng	Roosevelt	22.50	Heat 2
Raquel Mastrangelo	Newport	22.70	Heat 1
Shannon Barquardson	Newport	23.50	Heat 1
Erin Choyce	Ellensburg	0.00	Heat 2

2000 Don Holder Invitational April 1			
Girls Frosh 100m			
Name	School	Time/Distance	HEAT
Lindsey Johnson	Selah	13.30	1
Chelsea Gregory	West Valley	13.40	3
Stephanie Bowers	West Valley	13.40	1
Alex Runnels	Roosevelt	13.40	3
Christina Barber	Ellensburg	13.60	1
Kelly Storm	Newport	13.90	4
Erica Davis	Selah	14.00	1
Abby Shepherd	Riverside	14.00	2
Anjuli Brody	Cedar	14.00	3
Michelle Schorr	S.Whidbey	14.20	3
Jessica Crabb	IKE	14.30	3
Carrie Barner	Ellensburg	14.40	1
Monica Nelson	Roosevelt	14.40	1
Goloriann Glenns	Nathan Hall	14.40	1
Alicia Barney	Newport	14.50	4
Jenny Holfield	Cedar	14.50	2
Katie Kilian	Sunnyside	14.50	3
Juliana Williams	Newport	14.60	4
Leah Koshuyana	Newport	14.70	3
Jessica Gabri	S.Whidbey	14.80	3
Jessica Wallace	Riverside	15.00	2
Laura Murahash	Newport	15.00	4
Amanda Barkley	Newport	15.20	2
Natalie Wu	Newport	15.30	2
Lauren Gianni	Newport	15.40	4
Stephanie Katz	IKE	15.80	2
Andrea Wyzogrodski	Newport	15.90	4
Katie Boyd	Roosevelt	16.10	2
Carley O'Neil	Newport	16.20	4

Name School Time/Dista 0.0000

2000 Don Holder Invitational April 1

GIRLS FROSH LONG JUMP

KELLIE HORN	S.WHIDBEY	14'08"
CHRISTINA BARBER	ELLENSBURG	14'04"
STEPHANIE BOWERS	WEST VALLEY	13'09.5"
KATY KILIAN	SUNNYSIDE	13'09"
KARLEY FELTON	IKE	12'10.5"
JESSICA CRABB	IKE	12'08.5"
ERICA DAVIS	SELAH	12'03.25"
CARRIE BARNES	ELLENSBURG	12'02.25"
DENEILLE BESSEMER	IKE	12'02"
MEGAN STROBEL	WOODINVILLE	11'09"
JESSICA WALLACE	RIVERSIDE	11'04.5"
SARAH STURCHIO	RIVERSIDE	10'07.5"

Done

2000 Don Holder Invitational April 1		
Girls Frosh 4 x 100 R		
Name	School	Time/Distance
WEST VALLEY		54.20
ELLENSBURG		55.00
IKE		55.60
NEWPORT#3		55.80
SOUTH WHIDBEY		56.30
SELAH		56.50
IKE "B"		56.70
ROOSEVELT		61.00
NEWPORT #2		61.50
NEWPORT #1		61.80
NEWPORT #4		63.20

DONE

Girls Varsity 4 x 400 R

Name	School	Time/Distance
LALLY RICHARDSON CARMODY HEATER	IKE	04:18.2
GRANT RAMIREZ GUSTATE KUNDIG	CEDARCREST	04:25.8
GIBB HANSBERRY GIBB HART	KITTITAS	04:27.7
RIVERSIDE	RIVERSIDE	04:28.5
NEWPORT #1	NEWPORT	04:29.8
GAZ KUHN CORROUNE GORDON	WOODINVILLE	04:30.0
SUNNYSIDE	SUNNYSIDE	04:31.9
HABERMAN DAUWAULDER HALL T HALL	ELLENSBURG	04:32.2
TOM	WEST VALLEY	04:39.4
NEWPORT #2	NEWPORT	04:43.7

Boys Team Scores

Scoring: 10 - 8 - 6 - 4 - 2 - 1																		
DON HOLDER RELAYS APRIL 1, 2000										BOYS VARSITY TEAM SCORES								
	r	r			r					r				r		r		
	Dis	L.J.	Jav	P.V.	Shot	T.J.	H.J.	100m	16	4x1	300h	400	tpch	D.M.	32	4x4	Tot	
Eisenhower	2	6	0	8	8	0	6	10	2	10	0	10	0	8	10	10	90	Eisenhower
Newport	0	4	16	4	0	8	0	0	4	6	14	0	0	0	15	8	79	Newport
WestValley	6	10	0	1	1	11	1	6	0	0	4	8	8	0	0	0	56	WestValley
Woodenville	0	2	0	0	4	0	0	8	8	4	0	1	10	6	0	4	47	Woodenville
Sunnyside	0	8	0	0	0	8	4	0	0	8	10	0	0	0	0	1	39	Sunnyside
Riverside	1	0	0	6	0	0	8	4	0	0	0	6	0	4	4	2	35	Riverside
Shelton	10	0	4	0	10	0	0	0	10	0	0	0	0	0	0	0	34	Shelton
Selah	0	1	8	0	2	0	0	0	6	2	1	0	0	10	0	0	30	Selah
Ellensburg	8	0	0	0	6	4	0	0	0	1	2	0	0	1	2	0	24	Ellensburg
Cedarcrest	4	0	2	2	0	0	0	2	1	0	0	0	6	0	0	0	17	Cedarcrest
Interlake	0	0	0	10	0	0	0	0	0	0	0	0	1	0	0	0	11	Interlake
Roosevelt	0	0	0	0	0	0	0	1	0	0	0	4	0	0	0	6	11	Roosevelt
Ft.Vancouver	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	0	10	Ft.Vancouver
NathanHale	0	0	0	0	0	0	2	0	0	0	0	0	0	2	0	0	4	NathanHale
So.Whidbey	0	0	0	0	0	0	0	0	0	0	0	2	2	0	0	0	4	So.Whidbey
Westside C	0	0	0	0	0	0	0	0	0	0	0	0	4	0	0	0	4	Westside C
Kittitas	0	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	2	Kittitas
Highland	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	Highland
ThorpKittitas	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	ThorpKittitas

2000 Don Holder Invitational April 1				
Boys Varsity 4 x 400 R				
Name		School	Time/Distance (mm:ss.00)	
		IKE	03:37.5	1
		Newport	03:39.8	1
		Roosevelt	03:42.3	2
		Woodinville	03:42.7	1
		Riverside	03:42.8	1
		Sunnyside	03:45.3	1
		Ellensburg	03:45.3	2
		West Valley	03:45.5	2
		Kittitas	03:52.5	1
		Cedarcrest	03:54.3	1
		Newport #2	04:04.6	2
		Cedarcrest #2	04:10.0	2
		Newport #3	04:29.6	2

v pvault

DONE

2000 Don Holder Invitational April 1		
Boys Frosh Pole Vault		
Name	School	Time/Distance
Taylor Wilkins	Interlake	9.06
Jason Scherer	Sunnyside	9.00
Jon Gamache	West Valley	8.06
Kyle Crofton	IKE	8.00
Jeff Pelton	Woodinville	7.06
Brandon O'toole	Nathan Hale	7.06
Tac Rhe	IKE	7.06
Brett Gibb	Ellensburg	7.00
Daren DeBoer	Cedarcrest	7.00

2000 Don Holder Invitational April 1			
Boys Varsity 3200m			
Name	School	Time/Distance (mm:ss.00)	
Chris Alderson	IKE	10:49.80	1
Nate Lawless	Newport	10:50.90	2
Jeff Mitton	Newport	10:51.60	3
John Conley	Riverside	10:55.90	4
Brock Matthews	Ellensburg	10:56.50	5
Ryan Choi	Newport	10:58.20	6
Robert Bartholomew	Roosevelt	11:29.70	7
Matt Perkins	Ellensburg	11:34.10	8
Hart Boyd	South Whidbey	12:01.60	9
Adam Labdell	Woodinville	12:06.10	10
Trent Neugebaur	Woodinville	12:09.80	11
Jordan Hansberry	Kittitas	12:10.40	12
Dell Olmstead	Riverside	12:11.90	13

v pvault

Done

2000 Don Holder Invitational April 1		
Boys Varsity Pole Vault		
Name	School	Time/Distance
Humi Nagahisa	Interlake	14' 0"
Brandon Littlefield	IKE	13' 9"
Dave Craig	Riverside	13' 0"
Jeff Chen	Newport	13' 0"
Eric Pedeferris	Cedarcrest	12' 6"
Ben Grimm	West Valley	12' 0"
Dave Westenskow	Riverside	12' 0"
Chase Rubel	Newport	11' 6"
David Fevegeon	Ellensburg	11' 6"
Dave Gaudette	IKE	11' 0"
Rusty Shaw	Ellensburg	11' 0"
Logan Kingeston	Cedarcrest	11' 0"
Geoff Hunsaker	Sunnyside	10' 0"

DONE

2000 Don Holder Invitational April 1			
Boys Frosh-Soph 800m			
Name	School	Time/Distance	Heat
Brandon Bilyeu	South Whidbey	02:06.70	1
Brooks Cooper	IKE	02:10.70	1
Fabian Lopez	IKE	02:11.50	1
Vared Ayele	Roosevelt	02:14.70	1
Seman Ambaw	Nathan Hale	02:15.90	1
Joel Bend	Woodinville	02:17.40	1
BJ Begelman	Nathan Hale	02:18.50	1
Jared Gibbons	IKE	02:18.90	1
Jason H.	Newport	02:19.30	1
Tim Koepsell	IKE	02:20.60	1
Matt Melendez	Sunnyside	02:21.40	2
Mike Reph	Woodinville	02:23.60	2
Brandon B.	Sunnyside	02:23.80	1
Nathan Chambers	SWMS	02:25.80	2
Reilly Kelleher	Ellensburg	02:26.50	2
James Reehoorn	Woodinville	02:28.70	2
Gilbert Garcia	Highland	02:32.70	2
Justin Stewart	Riverside	02:34.00	2
Britt Davis	Riverside	02:35.90	2
Tait Bramer	Cedarcrest	02:37.40	2
Jake Jones	Riverside	02:37.90	2
Mike Penick	Ellensburg	02:38.20	2
Lake Hellman	Cedarcrest	02:40.10	2
Erik Russel	Nathan Hale	02:43.00	2
Sean Payne	Nathan Hale	03:06.10	2

Done

2000 Don Holder Invitational April 1			
Boys Varsity 2000 Steeplechase			
Name	School	Time/Distance	Place
Jonathan Gibson	Woodinville	06:40.7	1
Chad Trammel	West Valley	06:44.6	2
James Conrick	Cedarcrest	06:52.6	3
Doug Gibson	West Side Christian	07:01.7	4
Brett Perkins	South Whidbey	07:02.5	5
Chris Judge	Interlake	07:03.2	6
Danny Abell	Cedarcrest	07:10.5	7
Sean Travato	Woodinville	07:15.7	8
Chris Lee	Cedarcrest	07:25.4	9
Logan Dance	Newport	07:35.0	10
Noah Hassler	Riverside	07:37.8	11
Brian Podruzny	Highland	07:39.3	12
Adam Lobdell	Woodinville	07:45.4	13
Jose Cadelina	Roosevelt	07:46.0	14
Ian Wright	Cedarcrest	07:46.5	15
Roy Schuldberg	Riverside	07:47.1	16
Travis Roberts	Selah	07:56.4	17
Haftom Abunu	Roosevelt	08:02.8	18
Travis Kilpatrick	Newport	08:03.1	19
Jeff Kemp	Riverside	09:09.2	20
Carson Freamon	Roosevelt	09:26.1	21
Keith Richards	Newport	09:27.4	22
Sean Payne	Nathan Hale	?	23

Done

2000 Don Holder Invitational April 1			
Boys Varsity Distance Medley Relay			
Name	School	Time/Distance	(mm:ss.00)
	Selah	11:23.0	
	IKE	11:27.8	
	Woodinville	11:38.5	
	Riverside	11:41.1	
	Nathan Hale	11:46.3	
	Ellensburg	12:03.1	
	Highland	12:50.6	
	Newport	12:56.0	

2000 Don Holder Invitational April 1				
Boys Varsity 100m				
Name	School	Time/Distance	Heat	
Matt Plaster	IKE	11.30	1	
Mike Gagnon	Woodinville	11.40	1	
Kurt Weber	West Valley	11.40	5	
Charles Conley	Riverside	11.50	3	
Eric Dick	Cedarcrest	11.50	1	
Duncan Sherrard	Roosevelt	11.60	1	
Ryan Sousley	IKE	11.60	2	
Hugo Puerta	West Valley	11.60	4	
Chad Jeffrey	Selah	11.70	1	
Brandon Tamamura	Newport	11.70	2	
Matt Steiner	South Whidbey	11.70	3	
Chris Reider	Selah	11.90	2	
Seth Varty	Newport	11.90	2	
Sean Creach	Highland	11.90	3	
Brian Hunter	Cedarcrest	11.90	5	
Adam Amis	Ellensburg	12.00	2	
Eli Capitello	IKE	12.00	4	
Ryan D.	Woodinville	12.00	5	
Jesse Ramirez	Ellensburg	12.10	4	
Brian Cranes	Riverside	12.10	4	
Jason Sweet	Woodinville	12.10	5	
Colin Stock	Nathan Hale	12.20	1	
Felix Neuberger	Woodinville	12.20	3	
Lawrence Lu	Newport	12.20	3	
Seth Engle	Highland	12.30	3	
D.J. Escobar	Sunnyside	12.40	1	
Carrido	Cedarcrest	12.60	3	
Tyler Sambrana	Sunnyside	12.60	4	
Juan H	Roosevelt	12.80	4	

Done

2000 Don Holder Invitational April 1				
Boys Frosh-Soph Shot				
Name		School	Time/Distance	0.0000
Bill Snavelly		Selah	36.0775	
Ian Smith		West Valley	36.0525	
Scooter Smith		Highland	35.0600	
Andy Irwin		West Valley	34.0800	
Nathan Little		South Whidbey	34.0400	
Nick Razan		IKE	29.0800	
Reilly Kelleher			29.0625	
Josh Deiss		Riverside	29.0000	
David Billings		IKE	28.0700	
Ocar Rosales		Highland	27.0400	
Brett Gibb			27.0350	
Colin McClure		Woodinville	25.0800	
Van Sarver		Nathan Hale	25.0700	
Anthony Varess		Nathan Hale	25.0100	
Ruben Rosales		IKE	24.0550	
Josh Copher		Riverside	21.0250	

DONE

2000 Don Holder Invitational April 1				
Boys Varsity 400m				
Name	School	Time/Distance (mm:ss.00)		
Eric Schafer	IKE	52.51		1
Ryan Brennan	West Valley	52.59		1
Luke Wilson	Riverside	52.8		1
Zac Corker	Roosevelt	52.8		1
Brett Perkins	South Whidbey	53.4		1
Johannen Klier	Woodinville	54.3		1
John Visser	Sunnyside	54.5		2
Drew Orthman	Ellensburg	55.1		2
Michael Brandt	Newport	55.3		2
Nathan Jarvis	Sunnyside	55.4		1
Michael Bobinger	Woodinville	55.9		2
Matt Johnson	IKE	55.9		2
Travis Montgomery	Kittitas	56.0		4
Kimb Griggs	Selah	56.7		4
Adam Ames	Ellensburg	57.0		3
Graham Liesley	Roosevelt	57.5		3
Pat Vaughn	IKE	57.8		3
Chris Farmer	Cedarcrest	58.0		3
Andy Lamarche	Riverside	58.3		4
Donny Herter	Riverside	58.4		4
Eric Pediferri	Cedarcrest	58.5		2
Jarod Martin	Cedarcrest	58.8		3

Done

2000 Don Holder Invitational April 1			
Boys Varsity Javelin			
Name	School	Time/Distance	0.00
Erik Butterfield	Newport	178' 05"	
Mike Towner	Selah	168' 07"	
Tsering Sherpa	Newport	167' 03"	
Jacob Galloway	Shelton	156' 08"	
Aaron O'neal	Cedarcrest	155' 07"	
Justin Steinmetz	Kittitas	154' 05"	
Nate Standish	Ellensburg	153' 10"	
Joe Crofton	IKE	148' 03"	
Drew Orthmann	Ellensburg	147' 01"	
Stewart Smeed	Woodinville	145' 05"	
Marcus Meinhold	IKE	143' 06"	
Carson Ruebel	Newport	141' 11"	
Kenny Horner	Riverside	141' 00"	
Vic Lehman	Selah	139' 11"	
Drew Maltos	Sunnyside	138' 10"	
Evan Brestar	West Valley	138' 10"	
Patrick Burt	Riverside	138' 00"	
Ryan Sousley	IKE	134' 11"	
Andy Malamca	Woodinville	133' 00"	
Mark Schupman	Riverside	132' 00"	
Jeff Lewis	Newport	129' 07"	
Stephen Storts	Nathan Hale	122' 06"	
Grant Carpino	Sunnyside	122' 01"	
Jacob Cooney	Woodinville	120' 11"	
Greg Thomason	Woodinville	120' 00"	
Ryan Dallas	Woodinville	116' 06"	
Matt Goodman	Woodinville	109' 00"	
Robby Wasserman	Newport	108' 00"	
Ivan Hjelvik	Roosevelt	107' 08"	
Jens Jellen	Nathan Hale	105' 06"	
Andy Lamarsche	Riverside	105' 00"	
Casey Crawford	Woodinville	104' 04"	
Ken Umetsu	Roosevelt	98' 06"	
A.J. Harrison	Woodinville	92' 08"	

DONE

2000 Don Holder Invitational April 1				
Boys Varsity High Jump				
Name	School	Time/Distance	0.0000	
Zimmerman	Ft. Vancouver	6' 02"		1
Mike Van Dermeer	Riverside	6' 02"		2
Crofton	IKE	6' 00"		3
Denson	Sunnyside	6' 00"		3
Anthony Shears	Nathan Hale	6' 00"		5
B. Smith	West Valley	6' 00"		6
Cresap Watson	Woodinville	6' 00"		7
Moore	Selah	5' 10"		8
A. Smith	West Valley	5' 10"		9
Chandler	Roosevelt	5' 08"		10
Craig	Riverside	5' 08"		10
Mendez	Sunnyside	5' 08"		12
Andreotti	IKE	5' 08"		13
Roberts	Selah	5' 06"		14
Warrick	Cedarcrest	5' 06"		14
Fuqua	Ellensburg	5' 06"		16
4' 10" Slocum	Woodinville	5' 04"		18
Turner	Woodinville	5' 04"		19
Darren Carrido	Cedarcrest	5' 02"		19

DONE

2000 Don Holder Invitational April 1			
Boys Frosh High Jump			
Name	School	Time/Distance	0.0000
Collin Murphy	South Whidbey	5' 10"	1
Conrick	Cedarcrest	5' 04"	2
Simms	IKE	5' 04"	3
Riggs	West Valley	5' 04"	4
Callahan	Woodinville	5' 02"	5
Standish	Ellensburg	5' 02"	6
Fisher	Woodinville	5' 02"	7
Tolbert	Riverside	5' 00"	8
Dooth	Woodinville	5' 00"	9
Matt Bryant	Woodinville	5' 00"	10
Sherer	Sunnyside	4' 10"	11
Visser	Sunnyside	4' 08"	12
Deiss	Riverside	4' 08"	12

Done

2000 Don Holder Invitational April 1			
Boys Varsity Triple Jump			
Name	School	Time/Distance	0.0000
Jeff Eldridge	West Valley	42.0200	
Nathan Jarvis	Sunnyside	41.0300	
Brandon Yamamura	Newport	40.0850	
Nate Standish	Ellensburg	40.0800	
Eric Butterfield	Newport	40.0450	
Blake Smith	West Valley	39.0850	
Rusty Shaw	Ellensburg	39.0525	
Warrick Holfeld	Cedarcrest	38.0650	
Carson Ruebel	Newport	38.0250	
Dale Curfman	IKE	37.0875	
Ryan Sousley	IKE	37.0775	
Chris Chandler	Roosevelt	37.0675	
Estoban Castanada	IKE	36.0725	
John Salme	Sunnyside	35.0750	
Mike Babinger	Woodinville	35.0375	
Mat Plude	Woodinville	34.0250	

DOWC

2000 Don Holder Invitational April 1			
Boys Varsity Shot Relay			
Name	School	Time/Distance	0.0000
	Sheldon	142.0850	
	IKE #1	131.0875	
	Ellensburg	129.1050	
	Woodinville #1	129.0900	
	Selah	116.0850	
	West Valley	114.0875	
	Cedarcrest #1	113.1050	
	Sunnyside #1	110.0450	
	Newport #1	105.0300	
	Woodinville #2	98.0625	
	Cedarcrest #2	86.0475	
	Nathan Hale	80.0525	
	Newport #2	75.0850	
	South Whidbey	67.0275	
	Roosevelt	64.1050	
	IKE #2	42.0875	
	Sunnyside #2	16.0750	

Done

2000 Don Holder Invitational April 1				
Boys Varsity 100m				
Name	School	Time/Distance	Heat	
Matt Plaster	IKE	11.30		1
Kurt Weber	West Valley	11.40		5
Charles Conley	Riverside	11.50		3
Duncan Sherrard	Roosevelt	11.60		1
Ryan Sousley	IKE	11.60		2
Hugo Puerta	West Valley	11.60		4
Chad Jeffrey	Selah	11.70		1
Brandon Tamamura	Newport	11.70		2
Matt Steiner	South Whidbey	11.70		3
Eric Dick	Cedarcrest	11.80		1
Chris Reider	Selah	11.90		2
Seth Varty	Newport	11.90		2
Sean Creach	Highland	11.90		3
Brian Hunter	Cedarcrest	11.90		5
Mike Gagnon	Woodinville	12.00		1
Adam Amis	Ellensburg	12.00		2
Eli Capitello	IKE	12.00		4
Ryan D.	Woodinville	12.00		5
Jesse Ramirez	Ellensburg	12.10		4
Brian Cranes	Riverside	12.10		4
Jason Sweet	Woodinville	12.10		5
Nolin Stock	Nathan Hale	12.20		1
Felix Neuberger	Woodinville	12.20		3
Lawrence Lu	Newport	12.20		3
Seth Engle	Highland	12.30		3
D.J. Escobar	Sunnyside	12.40		1
Carrido	Cedarcrest	12.60		3
Tyler Sambrana	Sunnyside	12.60		4
Juan H	Roosevelt	12.80		4

DONE

2000 Don Holder Invitational April 1			
Boys Varsity Long Jump Relay			
Name	School	Time/Distance	0.0000
Eldridge/Weber/Han	West Valley	60.0475	
Jarvis/Mendez/Salme	Sunnyside	57.1075	
Castenada/Parker/Crofton	IKE	56.0950	
Yamamura/Jones/Nghiem	Newport	55.1125	
Doran/Babinger/Klier	Woodinville	55.0725	
Patterson/Roberts/Collins	Selah	54.0825	
Poshysta/Fuqua/Shaw	Ellensburg	54.0425	
Nguyen/Sherrard/Chandler	Roosevelt	54.0350	
Nate/Holfeld/Dick	Cedarcrest1	52.0875	
Crance/Craig/Kemp	Riverside	51.0475	
Montgomery/Gillis/Stienmet	Kittitas	48.0550	
Creach/Velasquez	Highland	33.0800	
Carrido/Conrick/Harding	Cedarcrest2	15.0750	

SHELTON DISCUS RENTS

DONE

2000 Don Holder Invitational April 1				
Boys Varsity 1600m				
Name	School	Time/Distance	Heat	
Dale Fox	Shelton	04:31.60	1	
Jonathan Gibson	Woodinville	04:33.20	1	
Mike Heidt	Selah	04:39.20	1	
Adam Lawless	Newport	04:39.40	1	
Matt Solosabal	IKE	04:40.20	1	
James Conrick	Cedarcrest	04:40.50	1	
Bjorn Fredrickson	Roosevelt	04:41.80	2	
Ian Hansen	Riverside	04:42.00	1	
Brad Gibb	Ellensburg	04:45.10	1	
Gerald McCormick	Selah	04:45.40	1	
Josh Sneed	Woodinville	04:45.80	2	
Brett Perkins	South Whidbey	04:47.50	1	
Jamieson Kaluza	Riverside	04:51.00	2	
Ryan Choi	Newport	04:51.30	2	
Abdul Farah	Nathan Hale	04:51.60	2	
Bruce Jackson	Nathan Hale	04:53.20	2	
Ivan Shiras	Newport	04:53.80	2	
Sterling Olander	West Valley	04:56.60	2	
Danny Abeil	Cedarcrest	04:58.30	2	
Mario Wasie	Nathan Hale	05:00.00	2	
Chris Lee	Cedarcrest	05:02.80	2	
John Conley	Riverside	05:03.80	2	
Matt Hoffman	Selah	05:08.90	2	
Jose Arreguin	Sunnyside	05:10.10	2	
Jake Barnett	West Valley	05:17.00	2	
Hafton Abunu	Roosevelt	05:18.90		
Hart Boyd	South Whidbey	05:20.30	2	
Jeff Kemp	Riverside	05:20.80	2	
Keegan Harris	Highland	05:25.20	2	
Cody Sharpe	Sunnyside	05:25.70	2	
Rich Symmes	Newport	05:26.20	2	
Kyle Nading	S.H.S.	05:26.60	2	
Alex Vogt	South Whidbey	05:27.00	2	
Jordan Hansberry	Kittitas	05:27.50	2	

Done

2000 Don Holder Invitational April 1				
Boys Frosh-Soph 4 x 100 R				
Name	School	Time/Distance	Heat	
	IKE	47.10	1	
	Newport #1	47.80	1	
	West Valley	49.00	2	
	Ellensburg	49.70	1	
	Sunnyside	49.70	1	
	Newport #2	52.00	1	
	Riverside	52.10	2	
	Newport #3	55.00	2	
	Newport #4	56.10	2	

Done

2000 Don Holder Invitational April 1			
Boys Varsity Discus Relay			
Name	School	Time/Distance	0.00
	Shelton	415' 10"	
	Ellensburg	372' 7"	
	West Valley	345' 9"	
	Cedarcrest	345' 4"	
	IKE	341' 3"	
	Riverside	331' 0"	
	Selah	328' 10"	
	Woodinville	314' 10"	
	Newport	313' 8"	
	Sunnyside	308' 2"	
	Kittitas	262' 1"	
	Woodinville	248' 3"	
	Newport	239' 11"	
	West Valley	232' 0"	
	Nathan Hale	216' 8"	
	South Whidbey	206' 11"	
	Highland	144' 3"	
	Roosevelt	90' 0"	

Done

2000 Don Holder Invitational April 1			
Boys Varsity 4 x 100 R			
Name	School	Time/Distance	Heat
Plaster/Sousley/Curfman/Littlefield	IKE	44.40	1
	West Valley	45.00	2
	Sunnyside	45.50	1
	Newport #1	45.80	1
	Woodinville #1	46.00	1
	Selah	46.10	2
	Ellensburg	46.60	1
	Riverside	46.80	2
	Cedarcrest	47.40	1
	Kittitas	47.50	1
	Newport #2	49.00	2
	Woodinville #2	49.10	2
	Highland	49.20	2
	Nathan Hale	50.50	2

Dower

2000 Don Holder Invitational April 1				
Boys Varsity 300 H				
Name		School	Time/Distance	Heat
Matt Denson		Sunnyside	40.70	1
Kaveh Khademi		Newport	41.10	1
Isering Sherpa		Newport	42.50	2
Jeff Eldridge		West Valley	42.80	4
Bill Bailey		Ellensburg	43.00	1
Andy Smith		Selah	43.30	1
Tyler Smith		West Valley	43.70	4
David Gaudette		IKE	44.60	1
Alex Bobinger		Woodinville	46.20	3
Blake Macintosh		Woodinville	46.50	2
Ivan Hjelvik		Roosevelt	46.60	3
Jon Salme		Sunnyside	47.00	2
Josh Trick		Cedarcrest	47.40	2
Jordan Hansberryh		Kittitas	47.90	2
Robert Cannon		Nathan Hale	48.40	1
Gary Kutsy		Newport	48.40	2
Fred Yarger		IKE	48.40	3
Kyle Hunter		Kittitas	49.80	2
Michel Wren		Cedarcrest	52.30	4
Chris Nyhart		Nathan Hale	53.50	3
Kyle Stevens		Highland	DQ	3

DONE

2000 Don Holder Invitational April 1				
Boys Frosh-Soph 400m				
Name	School	Time/Distance	Heat	
Andy Wills	South Whidbey	53.3	1	
Ricardo Betancourt	IKE	54.0	1	
Jake Woelke	Newport	54.7	1	
Jason Herzberg	Newport	56.5	1	
Justin Bolt	West Valley	56.5	3	
Andrew Christenson	Highland	57.5	1	
Rody Petterson	Cedarcrest	57.9	2	
Josh Goudge	Ellensburg	57.9	3	
Josh Maher	Selah	58.0	2	
Brandon Jones	Riverside	58.4	1	
Brad Barto	Newport	58.5	3	
Charles Velasquez	Highland	58.9	2	
Jon Kijma	West Valley	58.9	4	
Kyle Babcock	Newport	59.1	4	
Chris Martin	Cedarcrest	59.8	2	
Pat Conrich	Cedarcrest	60.5	4	
Brian Morrow	Newport	60.6	3	
Toby Tolbert	Riverside	60.6	4	
Alex Richards	Roosevelt	61.5	2	
Jeremy Norris	Riverside	62.0	3	
Ben van Anrevmaete	Newport	62.3	4	
Daniel Dunn	Newport	62.8	4	
Mike Penick	Ellensburg	63.4	3	
Ryan Dixon	Kittitas	66.4	1	
Brad Staples	Newport	68.8	4	

DONE

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2000 Don Holder Invitational April 1

Boys Frosh-Soph 100m

	Name	School	Time/Distance	0
1	Matt Johnson	IKE	11.40	1
2	Ricardo Betancourt	IKE	11.30	1
3	Andy Wills	South Whidbey	11.60	2
4	Brendon Jones	Riverside	12.00	1
5	Tommy Harding	Cedarcrest	12.00	2
6	Ty Branch	IKE	12.10	1
	Justin Bolt	West Valley	12.10	3
	Jason Scherer	Sunnyside	12.20	2
	Travis Smith	Sunnyside	12.30	1
	Josh Maher	Selah	12.40	1
	Kyle Stevens	Highland	12.40	3
	Robbie Davis	West Valley	12.50	4
	Brian Morrow	Newport	12.70	1
	Mark Retills	Roosevelt	12.70	2
	Jeff Pelton	Woodinville	12.80	2
	Kyle Hunter	Kittitas	12.90	3
	Ian Ball	Newport	13.30	2
	Brandon Lewis	Newport	13.30	3
	Tim Su	Newport	13.40	3
	Brandon O'Toole	Nathan Hale	13.60	4
	Tim Ma	Newport	13.70	4
	David Whittlesey	Newport	13.80	3
	Tyler Knapp	Newport	13.80	4
	Alex Smith	Highland	14.00	2

DONE

2000 Don Holder Invitational April 1				
Boys Frosh-Soph 110m L.H.				
Name	School	Time/Distance	Heat	
Jake Woelke	Newport	16.20	1	
Ben Van Avermaete	Newport	18.30	2	
Brad Barto	Newport	18.90	1	
John Davenport	West Valley	19.60	1	
Aaron Wood	IKE	19.90	2	
Ryan Fisher	Woodinville	20.00	1	
Matt Meyers	IKE	20.10	2	
Michael Wren	Cedarcrest	20.40	1	
Jordan Visser	Sunnyside	21.70	2	
Brian Watanabe	Newport	21.70	2	
Jeremy Doow	Woodinville	22.40	1	
Ryan Dixon	Kittitas	22.80	1	
Donovan Sims	IKE	23.30	2	
Brad Jonnes	Newport	23.40	2	

DOWE

2000 Don Holder Invitational April 1			
Boys Frosh-Soph 1600m			
Name	School	Time/Distance (mm:ss.00)	
Bmadon Bilyeu	South Whidbey	04:44.30	1
Max Eurrell <i>Mark Cue</i>	Selah	04:48.10	2
Brooks Cooper	IKE	04:53.60	3
Fabian Lopez	IKE	04:53.80	4
Tim Koepsell	IKE	04:53.90	5
Justin McConachie	Roosevelt	05:02.10	6
Semon Ambaw	Nathan Hale	05:02.80	7
Brian Ehliis	WestValley	05:02.90	8
Matt Melendez	Sunnyside		
Ian Wright	Cedarcrest		
Jared Gibbons	IKE		
Matt Perkins	Ellensburg		
BJ Begelman	Nathan Hale		
Yared Ayele	Roosevelt		
Bryce Kuhn	Newport		
Kyle Babcock	Newport		
Mike Reph	Woodinville		
Travis Roberts	Selah		
Noah Hassler	Riverside		
Brandon Boogerd	Sunnyside		
Roy Shuldborg	Riverside		
Nathan Chambers	South Whidbey		
James Reehorn	Woodinville		
Brett Davis	Riverside		
Luke Bowers	Newport		
Mike Fairbanks	Newport		
Justin Stewart	Riverside		
Tate Brammer	Cedarcrest		
Blake Hellman	Cedarcrest		
Ryan Haringa	Sunnyside		
Grik Russell	Newport		
Jeremy Narris	Riverside		
Justin Yan	Newport		
Brian Esemann	Newport		
Ross Curtis	Newport		
Sean Payne	Nathan Hale		