

# Eisenhower Girls' XC Regional Meet Records (1995-2011)

## GSL Site, Odd Years (1995-2011)

Rank	Name	Year	Time	Distance	Grade	Place	Site
1	Chelesa VanDeBrake	2005	18:09	5K	12	2	GSL-Deer Park
2	<b>Mayra Chavez</b>	<b>2011</b>	<b>18:43</b>	<b>5K</b>	<b>12</b>	<b>2</b>	GSL-Wandermere
3	Stephanie Heaton	<b>1995</b>	<b>18:43</b>	<b>3M</b>	10	<b>2</b>	GSL-Hangman
4	<b>Elise Tello</b>	<b>2011</b>	<b>18:45</b>	<b>5K</b>	<b>10</b>	<b>4</b>	GSL-Wandermere
5	Tara Hangge	<b>1995</b>	<b>18:52</b>	<b>3M</b>	12	<b>3</b>	GSL-Hangman
6	Berenice Penalzoa	2009	18:54	5K	11	3	GSL-Wandermere
7	Mayra Chavez	2009	18:55	5K	10	4	GSL-Wandermere
8	Samantha Dahlstrom	2003	19:05	5K	10	7	GSL-Deer Park
9	Katie Hummel	1999	19:23	3M	9	9	GSL-Hangman
10	Helen Camden	2005	19:23	5K	12	15	GSL-Deer Park
11	Hilarie Glenn	2005	19:25	5K	12	16	GSL-Deer Park
12	Mikell Gibbons	2003	19:27	5K	12	14	GSL-Deer Park
13	Whitney Stohr	2003	19:27	5K	12	15	GSL-Deer Park
14	Aleah Thome	<b>1995</b>	<b>19:28</b>	<b>3M</b>	12	<b>15</b>	GSL-Hangman
15	Ann McCarthy	2007	19:29	5K	12	14	GSL-Wandermere
16	Laura Blount	1999	19:36	3M	12	13	GSL-Hangman
17	Angela Talarico	1999	19:38	3M	11	14	GSL-Hangman
18	Samantha Dahlstrom	2005	19:42	5K	12	24	GSL-Deer Park
19	Molly Carmody	2001	19:50	3M	11	9	GSL-Hangman
20	Erika Larson	<b>1995</b>	<b>19:51</b>	<b>3M</b>	9	<b>30</b>	GSL-Hangman
21	<b>Tori Klien</b>	<b>2011</b>	<b>19:53</b>	<b>5K</b>	<b>11</b>	<b>16</b>	GSL-Wandermere
22	Liza English	<b>1995</b>	<b>19:55</b>	<b>3M</b>	11	<b>34</b>	GSL-Hangman
23	Alison Barany	1999	19:58	3M	11	23	GSL-Hangman
24	Erica Scheuffele	<b>1995</b>	<b>19:58</b>	<b>3M</b>	11	<b>36</b>	GSL-Hangman
25	Katie Hummel	2001	19:59	3M	11	12	GSL-Hangman
26	Katherine Bravo	2009	19:59	5K	11	24	GSL-Wandermere
27	Mikell Gibbons	2001	20:00	3M	10	13	GSL-Hangman
28	Stephanie Heaton	<b>1997</b>	<b>20:00</b>	<b>3M</b>	12	<b>4</b>	GSL-Hangman
29	Cristian Pineda	2003	20:04	5K	11	31	GSL-Deer Park
30	Kirsten Sheffield	2009	20:04	5K	12	26	GSL-Wandermere
31	Julie Baird	2001	20:07	3M	11	15	GSL-Hangman
32	Rachel Southwick	2007	20:07	5K	10	24	GSL-Wandermere
33	<b>Samantha Gil</b>	<b>2011</b>	<b>20:09</b>	<b>5K</b>	<b>10</b>	<b>20</b>	GSL-Wandermere
34	Julie Baird	1999	20:11	3M	9	27	GSL-Hangman
35	Molly Carmody	1999	20:12	3M	9	28	GSL-Hangman
36	Kirsten Kaplan	2009	20:19	5K	12	37	GSL-Wandermere
37	Ann McCarthy	2005	20:25	5K	10	50	GSL-Deer Park
38	Shanik Taylor	2005	20:25	5K	12	51	GSL-Deer Park
39	<b>Alyssa Pena</b>	<b>2011</b>	<b>20:25</b>	<b>5K</b>	<b>10</b>	<b>26</b>	GSL-Wandermere
40	Kirsten Sheffield	2007	20:37	5K	10	39	GSL-Wandermere
41	<b>Edith Zaragoza</b>	<b>2011</b>	<b>20:41</b>	<b>5K</b>	<b>12</b>	<b>31</b>	GSL-Wandermere
42	Kirsten Kaplan	2007	20:42	5K	10	43	GSL-Wandermere
43	Alison Barany	<b>1997</b>	<b>20:42</b>	<b>3M</b>	9	<b>18</b>	GSL-Hangman

44	Haley Heater	1999	20:50	3M	11	42	GSL-Hangman
45	<b>Keana Fine</b>	<b>2011</b>	<b>20:53</b>	<b>5K</b>	<b>9</b>	<b>39</b>	GSL-Wandermere
46	Jessica Montoya	2005	20:54	5K	9	67	GSL-Deer Park
47	Samantha Ashlock	<b>1995</b>	<b>20:54</b>	<b>3M</b>	12	<b>58</b>	GSL-Hangman
48	Traci Deason	<b>1997</b>	<b>21:01</b>	<b>3M</b>	11	<b>21</b>	GSL-Hangman
49	Sydney Raymond	2009	21:04	5K	10	65	GSL-Wandermere
50	Ingrid Chapman	<b>1997</b>	<b>21:08</b>	<b>3M</b>	12	<b>27</b>	GSL-Hangman
51	Emily Mitch	2007	21:21	5K	12	56	GSL-Wandermere
52	Hilary Freund	2003	21:27	5K	9	84	GSL-Deer Park
53	Elana Darnell	2003	21:32	5K	11	89	GSL-Deer Park
54	Jessica Montoya	2007	21:32	5K	10	62	GSL-Wandermere
55	Erika Larson	<b>1997</b>	<b>21:35</b>	<b>3M</b>	11	<b>41</b>	GSL-Hangman
56	Wendy Wiest	2007	21:41	5K	12	68	GSL-Wandermere
57	Lindsay Thomas	2009	21:45	5K	11	76	GSL-Wandermere
58	Christian Whiteside	2001	21:47	3M	9	59	GSL-Hangman
59	Laura Labbee	2001	22:04	3M	12	71	GSL-Hangman
60	Heidi Gibbons	<b>1997</b>	<b>22:08</b>	<b>3M</b>	11	<b>55</b>	GSL-Hangman
61	Megan Maguire	<b>1997</b>	<b>22:38</b>	<b>3M</b>	12	<b>72</b>	GSL-Hangman

### Big-9 Site, Even Years (1996-2010)

Rank	Name	Year	Time	Distance	Grade	Place	Site
1	Mayra Chavez	2010	17:57	3M	11	3	Big-9 Wenatchee
2	Stephanie Heaton	1996	17:59	5K	11	3	Big-9 Richland
3	Berenice Penalzoza	2010	18:03	3M	12	5	Big-9 Wenatchee
4	Elise Tello	2010	18:45	3M	9	15	Big-9 Wenatchee
5	Liza English	1996	18:46	5K	12	13	Big-9 Richland
6	Kirsten Kaplan	2008	18:54	3M	11	9	Big-9 Richland
7	Katherine Bravo	2010	18:54	3M	12	17	Big-9 Wenatchee
8	Traci Deason	1996	18:59	5K	10	19	Big-9 Richland
9	Katie Hummel	2002	19:02	3M	12	14	Big-9 Yakima
10	Alison Barany	1998	19:06	3M	10	12	Big-9 Yakima
11	Erica Scheuffele	1996	19:08	5K	12	23	Big-9 Richland
12	Samantha Dahlstrom	2004	19:11	3M	11	7	Big-9 Richland
13	Elana Darnell	2004	19:16	3M	12	9	Big-9 Richland
14	Mayra Chavez	2008	19:16	3M	9	21	Big-9 Richland
15	Ingrid Chapman	1996	19:19	5K	11	28	Big-9 Richland
16	Julie Baird	2002	19:20	3M	12	22	Big-9 Yakima
17	Crisitian Pineda	2004	19:22	3M	12	13	Big-9 Richland
18	Mikell Gibbons	2002	19:23	3M	11	24	Big-9 Yakima
19	Haley Heater	1998	19:32	3M	10	19	Big-9 Yakima
20	Alyssa Pena	2010	19:33	3M	9	28	Big-9 Wenatchee
21	Erika Larson	1996	19:39	5K	10	38	Big-9 Richland
22	Heidi Gibbons	1998	19:39	3M	12	23	Big-9 Yakima
23	Angela Talarico	2000	19:41	3M	12	4	Big-9 Richland
24	Jessica Montoya	2008	19:46	3M	12	38	Big-9 Richland
25	Whitney Stohr	2002	19:49	3M	11	29	Big-9 Yakima
26	Kirsten Sheffield	2008	19:53	3M	11	40	Big-9 Richland

27	Katie Hummel	2000	19:56	3M	10	7	Big-9 Richland
28	Hilarie Glenn	2004	19:58	3M	11	28	Big-9 Richland
29	Molly Carmody	2000	20:02	3M	10	14	Big-9 Richland
30	Molly Carmody	2002	20:02	3M	12	36	Big-9 Yakima
31	Megan Maguire	1996	20:02	5K	11	50	Big-9 Richland
32	Angela Talarico	1998	20:05	3M	10	35	Big-9 Yakima
33	Mikell Gibbons	2000	20:06	3M	9	17	Big-9 Richland
34	Rachel Southwick	2006	20:06	3M	9	25	Big-9 Yakima
35	Traci Deason	1998	20:06	3M	12	36	Big-9 Yakima
36	Rachel Southwick	2008	20:10	3M	11	50	Big-9 Richland
37	Alison Barany	2000	20:17	3M	12	20	Big-9 Richland
38	Tori Klein	2010	20:20	3M	10	50	Big-9 Wenatchee
39	Ann McCarthy	2006	20:22	3M	11	30	Big-9 Yakima
40	Cristian Pineda	2002	20:32	3M	10	57	Big-9 Yakima
41	Laura Blount	1998	20:34	3M	11	52	Big-9 Yakima
42	Lindsay Thomas	2010	20:36	3M	12	57	Big-9 Wenatchee
43	Jessica Montoya	2006	20:41	3M	10	41	Big-9 Yakima
44	Berenice Penaloza	2008	20:41	3M	10	60	Big-9 Richland
45	Erika Larson	1998	20:48	3M	12	58	Big-9 Yakima
46	Katherine Bravo	2008	20:52	3M	10	64	Big-9 Richland
47	Vidi Badillo	2002	21:01	3M	12	81	Big-9 Yakima
48	Hilary Freund	2006	21:03	3M	12	48	Big-9 Yakima
49	Ann McCarthy	2004	21:04	3M	9	64	Big-9 Richland
50	Haley Heater	2000	21:12	3M	12	49	Big-9 Richland
51	Megan Kurtz	2000	21:34	3M	12	61	Big-9 Richland
52	Wendy Wiest	2006	21:40	3M	11	70	Big-9 Yakima
53	Maegan Capalungan	2004	21:41	3M	12	80	Big-9 Richland
54	Emily Mitch	2006	21:41	3M	11	71	Big-9 Yakima
55	Shanik Taylor	2004	21:43	3M	11	82	Big-9 Richland
56	Kirsten Sheffield	2006	21:55	3M	9	77	Big-9 Yakima